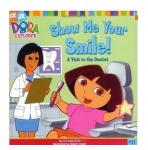
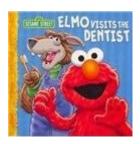
A few books we recommend to help make your child more comfortable at the dentist. These books are also available at all three of our offices for our patients to read.



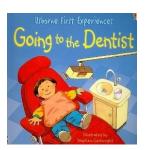
# Dora Explorer: Show Me Your Smile! By Christine Ricci

Follow Dora the Explorer as she goes to the dentist to get her teeth cleaned. Show Me Your Smile! can help make the first visit to the dentist seem less threatening. It also shows the importance of dental hygiene and why it's important for a child to brush and floss their teeth – things we also stress at Aloha Pediatric Dentistry!



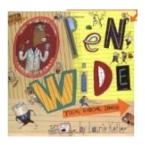
### Elmo Visits the Dentist, by P.J. Shaw

In this well illustrated book, the three little pigs and the big bad wolf are friends (fortunately, the wolf only wants to eat their apples.) When "Big Bad" gets a tooth ache, Elmo goes with him to the dentist. Children then find out what to expect at the dentist as well as advice on how to care for their teeth.



### Going to the Dentist (Usborne First Experiences) by Anne Civardi

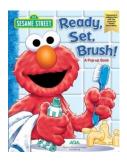
This is a fun take on a timeless series that is designed to introduce young children to unfamiliar situations in an amusing and friendly way. Using stickers throughout the story to replace key words helps children build their vocabulary. This is another book that will help parents discuss a first trip to the dentist with their child.



#### Open Wide: Tooth School Inside, by Laurie Keller

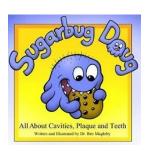
It's time for tooth school and Dr. Flossman is excited to meet the incoming class of 32—8 incisors, 4 canines, 8 premolars, and 12 molars (including the 4 wisdom teeth.) This hilarious book is full of interesting facts that will help young readers laugh while gaining a better appreciation for why their teeth beckon them to brush and floss.

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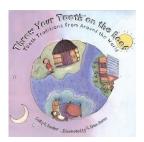
# Sesame Street Ready Set, Brush: A Pop-Up Book By Sesame Street & Che Rudko

Even monsters need to brush their teeth to keep them healthy and strong! Elmo and the Sesame Street gang show kids how easy it is to care for their teeth. Fun pop-ups illustrate elements of oral hygiene: applying toothpaste, brushing, rinsing, and regular visits to the dentist.



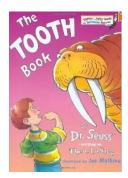
## Sugarbug Doug: All About Cavities, Plaque, and Teeth, by Ben Magleby

Sugarbugs will try to destroy your teeth and ruin your breath, but this book will show your child how to stop them so they can keep their teeth healthy. Written and illustrated by a dentist to help trips to the dentist be less painful, less frequent, and more fun for the rest of their life.



# Throw Your Tooth on the Roof: Tooth Traditions from Around the World By Selby Beeler

What do you do when you loose a tooth? In Botswana, children throw their teeth onto the roof, while in Afghanistan they drop their teeth down mouse holes. Find out what children from every corner



### The Tooth Book, by Theo Lesieg and Dr Seuss

This classic Dr. Seuss book teaches who has teeth, who doesn't and how to keep the ones you have!